

Rowing Canada Aviron , National Beach Sprint Selection Trials -
 July 19-20 , 2025
 Risser Beach, Lunenburg County
 Hosted By Row Nova Scotia
 Mens Solo



<u>TIME TRIALS</u>		
<1 to Semi Finals, Rest to Quarter Finals>		
NAME	TIME	Result
Aubrey Oldham (Leander RC)	02:29.2	1
Emerson Crick (Halifax RC)	02:29.7	2
Raphael Kaiser (Montreal RC)	02:36.9	3
Kenneth Willson (North Star RC)	02:50.3	4
Malcolm Gareau (North Star RC)	02:51.1	5
Brishen Hagan-Deschamps (North Star RC)	02:53.2	6
Chris Williams (North Star RC)	03:19.0	7

<u>QUARTER FINALS</u>		
< 1 to Semi final , Rest Eliminated >		
QF1- RACE TIME: 10:30am		
NAME	TIME	Result
Kenneth Willson (North Star RC)	02:32.8	1
Malcolm Gareau (North Star RC)	02:43.4	2
QF2 - RACE TIME: 10:37am		
NAME	TIME	Result
Raphael Kaiser (Montreal RC)	02:24.2	1
Brishen Hagan-Deschamps (North Star RC)	03:04.2	2
QF3- RACE TIME: No race		
NAME	TIME	Result
Emerson Crick (Halifax RC)		straight to semi
Chris Williams (North Star RC)		scratch

<u>SEMI FINALS</u>		
< 1 to Final A , Rest to Final B>		
Semi 1- RACE TIME : 10:52am		
NAME	TIME	Result
Aubrey Oldham (Leander RC)	02:28.3	1
Kenneth Willson (North Star RC)	02:33.7	2
Semi 2- RACE TIME : 10:59am		
NAME	TIME	Result
Emerson Crick (Halifax RC)	02:17.2	1
Raphael Kaiser (Montreal RC)	02:18.6	2

<u>FINALS</u>		
Final B- RACE TIME : 11:06am		
NAME	TIME	Result
Raphael Kaiser (Montreal RC)	02:26.2	1
Kenneth Willson (North Star RC)	02:45.6	2
Final A- RACE TIME : 11:13am		
NAME	TIME	Result
Emerson Crick (Halifax RC)	02:15.5	1
Aubrey Oldham (Leander RC)	02:20.2	2

Approved By :

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Men's Junior Solos



TIME TRIALS

<1 to Semi Finals, Rest to Quarter Finals>

NAME	TIME	Result
Oliver Brennan (KRC)	02:37.9	1
Thomas Martins (North Star RC)	02:52.0	2

FINALS

Final A- RACE TIME : 10:15:am

NAME	TIME	Result
Oliver Brennan (KRC)	02:28.3	1
Thomas Martins (North Star RC)	DNF	DNF

Approved By : _____

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 Womens Open Solo



<u>TIME TRIALS</u>		
<1 to 6 to Quarter Finals, Rest to Heats		
NAME	TIME	Result
Sarah Pidgen (Dons RC)	02:42.2	1
Carling Zeeman (Sudbury RC)	02:43.4	2
Elene Brett-Evans (Hanlan BC)	02:47.7	3
Lucy MacLeod (North Star RC)	02:48.4	4
Caitlin Pails (Ridley Graduates BC)	02:50.3	5
Iris Fiddick (Orillia BC)	02:52.8	6
Amelia Wojtyk (North Star RC)	02:52.9	7
Ella Rose Duval (Montreal RC)	02:57.2	8
Grace Comes (North Star RC)	02:58.7	9
Rachel Nicolaidis (Montreal RC)	03:01.0	10

<u>HEAT 1</u>		
< 1 to Quarter Finals , Rest Eliminated >		
Heat 1- RACE TIME : 12:20pm		
NAME	TIME	Result
Amelia Wojtyk (North Star RC)	03:04.7	1
Rachel Nicolaidis (Montreal RC)	03:39.3	2
Heat 2- RACE TIME : 12:27pm		
NAME	TIME	Result
Ella Rose Duval (Montreal RC)	03:03.7	1
Grace Comes (North Star RC)	03:14.3	2

<u>QUARTER FINALS</u>		
< 1 to Semi final , Rest Eliminated >		
QF 1- RACE TIME: 12:45pm		
NAME	TIME	Result
Sarah Pidgen (Dons RC)	02:45.8	1
Ella Rose Duval (Montreal RC)	DNF	DNF
QF 2 RACE TIME: 12:52pm		
NAME	TIME	Result
Lucy MacLeod (North Star RC)	02:48.7	1
Caitlin Pails (Ridley Graduates BC)	02:56.4	2
QF 3- RACE TIME: 12:59pm		
NAME	TIME	Result
Carling Zeeman (Sudbury RC)	02:51.7	1
Amelia Wojtyk (North Star RC)	02:59.5	2
QF 4- RACE TIME: 1:06pm		
NAME	TIME	Result
Elene Brett-Evans (Hanlan BC)	02:54.4	1
Iris Fiddick (Orillia BC)	02:54.6	2

<u>SEMI FINALS</u>		
< 1 to Final A , Rest to Final B>		
Semi 1- RACE TIME : 1:10pm		
NAME	TIME	Result
Sarah Pidgen (Dons RC)	02:46.7	1
Lucy MacLeod (North Star RC)	02:58.2	2
Semi 2- RACE TIME : 1:17pm		
NAME	TIME	Result
Carling Zeeman (Sudbury RC)	02:46.9	1
Elene Brett-Evans (Hanlan BC)	02:54.5	2

<u>FINALS</u>		
Final B- RACE TIME : 1:24pm		
NAME	TIME	Result
Elene Brett-Evans (Hanlan BC)	03:01.5	1
Lucy MacLeod (North Star RC)	03:07.7	2
Final A- RACE TIME : 1:31pm		
NAME	TIME	Result
Sarah Pidgen (Dons RC)	02:48.1	1
Carling Zeeman (Sudbury RC)	02:48.5	2

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Women's Junior Solos



TIME TRIALS

<1 to Semi Finals, Rest to Quarter Finals>

NAME	TIME	Result
Autumn Prior (Orillia RC)	02:49.5	1
Jasmine Helfenstein (North Star RC)	03:08.1	2
Megane Helfenstein (North Star RC)	03:23.6	3

HEATS

R1 - RACE TIME : 11:50am

NAME	TIME	Result
Jasmine Helfenstein (North Star RC)	03:10.5	1
Megane Helfenstein (North Star RC)	DNF	DNF

FINALS

Final A- RACE TIME : 11:57am

NAME	TIME	Result
Autumn Prior (Orillia RC)	02:51.4	1
Jasmine Helfenstein (North Star RC)	03:06.1	2

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Mixed Junior Doubles



Time Trial

<1 & 2 to F, Rest to Reps

NAME	TIME	Rank
Autumn Prior , Oliver Brennan (KRC)	02:34.5	1
Ben Cooke, Esmee LeBlanc (North Star RC)	03:05.5	2

Final

Final A- RACE TIME : 10:10am

NAME	TIME	Result
Autumn Prior , Oliver Brennan (KRC)	02:40.4	1
Ben Cooke, Esmee LeBlanc (North Star RC)	02:41.6	2

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Rowing Canada Aviron , National Beach Sprint Selection Trials -
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 Open Mixed Double



Time Trial		
<2 to Semi Finals , Rest to Heats>		
NAME	TIME	Rank
Sarah Pidgen, Aubrey Oldham (Leander/ Dons RC)	02:26.2	1
Lucy Macleod, Emerson Crick (Halifax/ North Star RC)	02:29.6	2
Carling Zeeman, Phil Monckton (Sudbury RC/Unaffiliated)	02:35.5	Exhibition
Ella Rose Duval, Raphael Kaiser (Montreal RC)	02:35.7	3
Elene Brett-Evans, Brishen Hagan-Deschamps (North Star RC/Hanlan BC)	02:42.3	4
Kenneth Wilson, Amelia Wojtyk (North Star RC)	DNF	DNF

<u>SEMI FINALS</u>		
< 1 to Final A , Rest to Final B>		
Semi 1- RACE TIME : 10:30am		
NAME	TIME	Result
Sarah Pidgen, Aubrey Oldham (Leander/ Dons RC)	02:24.9	1
Elene Brett-Evans, Brishen Hagan-Deschamps (North Star RC/Hanlan BC)	02:33.9	2
Semi 2- RACE TIME : 10:37am		
NAME	TIME	Result
Lucy Macleod, Emerson Crick (Halifax/ North Star RC)	02:23.8	1
Ella Rose Duval, Raphael Kaiser (Montreal RC)	02:30.6	2

<u>FINALS</u>		
Final B- RACE TIME : 10:44am		
NAME	TIME	Result
Ella Rose Duval, Raphael Kaiser (Montreal RC)	02:22.3	1
Elene Brett-Evans, Brishen Hagan-Deschamps (North Star RC/Hanlan BC)	02:47.6	2
Final A- RACE TIME : 10:51am		
NAME	TIME	Result
Sarah Pidgen, Aubrey Oldham (Leander/ Dons RC)	02:16.3	1
Lucy Macleod, Emerson Crick (Halifax/ North Star RC)	02:19.8	2

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Open Women Double



Time Trial

<2 to Semi Finals , Rest to Heats>

NAME	TIME	Rank
Rachel Nicolaidis, Iris Fiddick (Montreal RC/Orillia BC)	02:48.1	Exhibition
Nika Bud, Zoe Sacuta (North Star RC)	03:14.3	Exhibition

FINAL

FINAL- RACE TIME: 9:45am

NAME	TIME	Result
Rachel Nicolaidis, Iris Fiddick (Montreal RC/Orillia BC)	02:36.9	1
Nika Bud , Zoe Sacuta (North Star RC)	03:26.8	2

Approved By : _____