

| Time | Event Description | Lane 8 | Lane 7 | Lane 6 | Lane 5 | Lane 4 | Lane 3 | |
|------|--------------------------------|--------|-------------------|------------------|-----------------|--------------------|--------------|---------|
| 8:00 | 2 Mens Jr 4+ | | | West Niagara | Denis Morris | | | |
| | | | | 2 | 1 | | | No time |
| 8:10 | 3 Womens Senior 63kg 2x | | St. Francis | Port Credit | Blessed Trinity | | | |
| | | | 3 | 1 | 2 | | | |
| | | | 8:17 | 7:59 | 8:07 | | | |
| 8:20 | 5 Womens Junior 4+ | | Denis Morris (38) | Branksome (38) | St. Francis (5) | Branksome (5) | | |
| | 38 Womens Junior 63kg Cox Four | | | Campbell | | Stewart | | |
| | | | 4 | 2 | 3 | 1 | | |
| | | | | | | 7:49.38 | | |
| 8:30 | 6 Mens Senior 4x | | Banting | Ridley | Simcoe | Denis Morris | | |
| | | | 3 | 1 | 4 | 2 | | |
| | | | 7:02 | 6:19 | 7:01 | 6:51 | | |
| 8:40 | 6 Mens Senior 4x | | Churchill (42) | West Niagara (6) | St. Francis (6) | Churchill (6) | | |
| | 42 Mens Senior Eight | | 3 | 1 | 2 | 4 | | |
| | | | 6:47 | 6:27 | 6:36 | 7:43 | | |
| 8:50 | 7 Mixed 2x | | | St. Francis | Saint Paul | | | |
| | | | | 2 | 1 | | | |
| | | | | 8:56 | 7:45 | | | |
| 9:00 | 8 Womens Junior 1x | | Westlane | Saint Michael | Holy Cross | Eden | Eden | |
| | | | | | | Essig | Bartel | |
| | | | 5 | 3 | 4 | 2 | 1 | |
| | | | 9:58 | 8:45 | 9:05 | 8:27 | 8:24 | |
| 9:10 | 9 Womens Novice 8+ | | | Churchill | Simcoe | Branksome | | |
| | | | | 2 | 3 | 1 | | |
| | | | | 9:04 | 8:12 | 7:41 | | |
| 9:20 | 10 Womens Senior 4x | | | Simcoe | Eden | AN Meyer | | |
| | | | | 3 | 1 | 2 | | |
| | | | | 9:10 | 7:33 | 8:04 | | |
| 9:30 | 11 Mens Junior 2x | | | St. Francis | Ridley | Oakville Trafalgar | Denis Morris | |
| | | | | DNF | 3 | 1 | 2 | |
| | | | | | 8:59 | 7:34 | 8:06 | |

| Time | Event Description | Lane 8 | Lane 7 | Lane 6 | Lane 5 | Lane 4 | Lane 3 | |
|-------|--------------------------------|--------|-------------|-------------------|--------------------|----------------------|-----------------|------------|
| 9:40 | 14 Mens Senior 72kg 2x | | Ridley (23) | West Niagara (14) | Churchill (14) | | | |
| | 23 Mens Senior Cox Four | | 1 | 3 | 2 | | | |
| | | | 6:52 | 7:40 | 7:06 | | | |
| 9:50 | 16 Mens Senior Single | | Simcoe (13) | Eden (13) | Philip Pocock (16) | Cawthra Park (16) | | |
| | 13 Mens Senior 2- | | 2 | 1 | 3 | 4 | | |
| | | | 7:32 | 7:06 | 7:53 | 9:02 | | |
| 10:00 | 17 Womens Novice 4x+ | | | St. Francis | Blessed Trinity | | | |
| | | | | 1 | 2 | | | |
| | | | | 8:28 | 9:04 | | | |
| 10:10 | 18 Womens Senior Cox Four | | Eden (30) | Branksome (30) | Saint Paul (18) | Denis Morris (18) | Branksome (18) | |
| | 30 Womens Senior 63kg Cox Four | | | Williams | | | Taylor | No results |
| 10:20 | 20 Womens Senior 63kg Single | | | Churchill | Churchill | Loyola Catholic | Eden | |
| | | | | Soyka Rozendaal | Frick | | | |
| | | | | 2 | 1 | 4 | 3 | |
| | | | | 8:16 | 8:12 | 9:00 | 8:34 | |
| 10:30 | 22 Womens Jr 2x | | Banting | Holy Cross | Eden | Denis Morris | Blessed Trinity | |
| | | | 1 | 5 | 4 | 2 | 3 | |
| | | | 8:20 | 10:15 | 9:26 | 9:00 | 8:34 | |
| 10:40 | 24 Womens Senior Single | | St. Joseph | Port Credit | Michael Power | Loyola | Holy Cross | |
| | | | 1 | 2 | DNF | scratch | 3 | |
| | | | 8:19 | 8:26 | | | 9:44 | |
| 10:50 | 26 Womens Senior Pair | | | Simcoe | Blessed Trinity | | | |
| | | | | 2 | 1 | | | |
| | | | | 8:33 | 7:58 | | | |
| 11:00 | 27 Mens Junior Eight | | | Denis Morris (36) | Churchill (27) | Blessed Trinity (27) | | |
| | 36 Mens Junior 72kg Eight | | | 1 | 3 | 2 | | |
| | | | | 6:11 | 6:58 | 6:53 | | |
| 11:10 | 28 Mens Senior Double | | Churchill | Ridley | Ridley | Mentor College | Holy Cross | |
| | | | | Wen | Winterbottom | | | |
| | | | 4 | 2 | 1 | 3 | DNS | |
| | | | 8:59 | 7:55 | 7:07 | 8:07 | | |

| Time | Event Description | Lane 8 | Lane 7 | Lane 6 | Lane 5 | Lane 4 | Lane 3 | Lane 2 |
|-------|--------------------------------|--------|----------------|-------------------|-------------------|----------------------|--------|--------|
| 11:20 | 31 Womens Junior Eight | | Branksome (19) | Churchill (31) | Branksome (31) | Branksome (31) | | |
| | 19 Womens Junior 63kg Eight | | Campbell | | Brennan | Stewart | | |
| | | | 3 | 4 | 2 | 1 | | |
| | | | 8:08 | 7:25 | 7:15.77 | 0:07 | | |
| 11:30 | 32 Mens Senior 72kg Single | | | Ridley (37) | Ridley (32) | Blessed Trinity (32) | | |
| | 37 Mens Junior Single | | | Veld | Chan | | | |
| | | | | 2 | 3 | 1 | | |
| | | | | 8:31 | 8:47 | 8:01 | | |
| 11:40 | 34 Womens Ltwt 63kg Novice 4x+ | | | St. Francis (34) | Denis Morris (15) | | | |
| | 15 Womens Jr 4x+ | | | 1 | 2 | | | |
| | | | | 8:56 | 9:22 | | | |
| 11:50 | 35 Womens Senior Double | | | Saint Michael | Holy Cross | Blessed Trinity | | |
| | | | | 1 | 2 | 3 | | |
| | | | | 7:58 | 8:53 | 8:55 | | |
| 12:00 | 39 Mens Ltwt Novice 72kg 4x+ | | Churchill (21) | Denis Morris (29) | Ridley (25) | Simcoe (39) | | |
| | 25 Mens Novice 4x+ | | 2 | 3 | 1 | 4 | | |
| | 29 Mens Jr 4x+ | | 7:44 | 7:51 | 7:42 | 8:08 | | |
| | 21 Mens Junior Ltwt 4x+ | | | | | | | |
| 12:10 | 40 Mixed 4x | | | St. Francis | Saint Paul | | | |
| | | | | 2 | 1 | | | |
| | | | | 8:42 | 8:12 | | | |
| 12:20 | 41 Womens Senior Eight | | | West Niagara | Churchill | Branksome | | |
| | | | | 3 | 2 | 1 | | |
| | | | | 7:28 | 7:23 | 7:06 | | |