

2024 Strong Island Sprints Race Schedule

Event	Heat	Time	Race Category
1	1	8:00 AM	Womens Coxswain
2	1	8:20 AM	Mens Coxswain
3	1	8:40 AM	Womens High School Novice
4	1	9:00 AM	Mens High School Novice
5	1	9:20 AM	Girls Bantam - 8th grade or below (1000 meters)
6	1	9:40 AM	Boys Bantam - 8th grade or below (1000 meters)
AM BREAK			
7	1	10:20 AM	Womens High School Freshman
8	1	10:40 AM	Mens High School Freshman
9	1	11:00 AM	Womens High School Lightweight (135 lbs)- U19**
	2	11:20 AM	Womens High School Lightweight (135 lbs)- U19**
10	1	11:40 AM	Mens High School Lightweight (160 lbs)- U19**
	2	12:00 PM	Mens High School Lightweight (160 lbs)- U19**
11	1	12:20 PM	Womens High School- U19
	2	12:40 PM	Womens High School- U19
12	1	1:00 PM	Mens High School U-19
	2	1:20 PM	Mens High School U-19

Doors Open at 7 AM

**** Note that weigh-in will open at 8 AM and close at 10 AM for Womens LTW and Mens at 10:40 AM**

This schedule is subject to change the day of the race. Be sure to check in at least 30 minutes before your race.

Event 1 - Womens Coxswain Results
Feb 03, 2024 08:07 AM

Place	Lane	Coxswain	Rowing Name	Time Rowed	Meters Rowed	Avg. Pace
1	1	Olivia Katsoulis -MHS		04:12.7	1000	2:06.3
2	4	Anya Vastola - SAHS		04:39.5	1000	2:19.7
3	2	Angelina Yan - MHS		04:44.6	1000	2:22.3
4	3	Emma Sieger - SAHS		05:03.8	1000	2:31.9
5	5	Ava Barile - SAHS		05:16.5	1000	2:38.2
6	6	Violet Ebrahimi - SAHS		05:16.8	1000	2:38.4

Event 2 - Mens Coxswain Results
Feb 03, 2024 - 09:25 AM

Place	Time	Boat Name	Rowers	Time Rowed	Meters Rowed	Avg Pace
1	3	Timothy Budway - SAHS		03:57.4	1000	1:58.7
2	2	Gary Deng - MHS		03:58.1	1000	1:59.1
3	1	Ethan Sun - MHS		04:00.8	1000	2:00.4
4	6	Quinn Broderick - SAHS		04:11.5	1000	2:05.7
5	5	Joseph Farino - SAHS		04:36.3	1000	2:18.1
6	4	Ryan Colello - KMHS		04:36.7	1000	2:18.3

Event 3 - Womens HS Novice Results
Feb 03, 2024 08:51 AM

Place	Lane	Boat Name	Rowers Name	Time Rowed	Meters Rowed	Avg. Pace
1	1		Torri Feehan - CF	07:49.9	2000	1:57.5
2	2		Molly Thornton - CF	08:23.1	2000	2:05.8
3	3		Anna Femino - PJRC	08:30.6	2000	2:07.7
4	5		Avamarie Padgur - SAHS	08:39.3	2000	2:09.8
5	4		Lia Koundourakis - ONRA	08:52.7	2000	2:13.2
6	7		Jessica Andersson - ONRA	09:08.0	2000	2:17.0
7	8		Sofia Scalafeni - SAHS	09:38.3	2000	2:24.6
8	6		Maeve O'Connor - SAHS	10:18.8	2000	2:34.7
9	6		Jane Chapey - SAHS	00.0	0	

Event 4 - Mens HS Novice Results
Feb 03, 2024 09:09 AM

Place	Boat	Boat Name	Rowers Name	Time Rowed	Meters Rowed	Avg. Pace
1	1	Andrew Smith - PJRC		06:44.5	2000	1:41.1
2	2	Gabriel Garrison - PJRC		06:53.9	2000	1:43.5
3	8	Nolan Gormley - CF		07:25.6	2000	1:51.4
4	3	Wesley Yoder - PJRC		07:26.4	2000	1:51.6
5	6	Tristan Delacroix - ONRA		07:30.3	2000	1:52.6
6	4	Michael Griffin - CMHS		07:55.6	2000	1:58.9
7	5	Hudson Solomon - SAHS		07:57.7	2000	1:59.4
8	7	Gregor Schaefer - KMHS		08:02.5	2000	2:00.6
9	10	Nicholas Belletti - BSHS		08:04.3	2000	2:01.1
10	9	Ryan Cooke - KMHS		08:49.8	2000	2:12.5

Event 5 - Womens Bantam Results
Feb 03, 2024 09:26 AM

Rank	Name	Boat Name	Rowing Name	Time Rowed	Meters Rowed	Avg. Pace
1	1	Tatiana Garrison - PJRC		04:11.3	1000	2:05.7
2	6	Juliana Qualter - MHS		04:21.7	1000	2:10.9
3	2	Chelsea Eng - MHS		04:22.0	1000	2:11.0
4	9	Sylas Macdonald - PJRC		04:27.6	1000	2:13.8
5	5	Ela Arora - ONRA		04:38.5	1000	2:19.2
6	3	Christina Chang - MHS		04:38.7	1000	2:19.4
7	4	Cici Chen - MHS		04:42.2	1000	2:21.1
8	8	Kelly Zhu - MHS		04:42.7	1000	2:21.4
9	7	Katelynn Cai - MHS		04:43.3	1000	2:21.6

Event 6 - Mens Bantam Results
Feb 03, 2024 09:45 AM

Place	Boat	Boat Name	Rowers	Time Rowed	Meters Rowed	Avg. Pace
1	3	Justin Huang - MHS		03:45.3	1000	1:52.7
2	6	Thomas Hyams - PJRC		03:45.3	1000	1:53.1
3	2	Aidan Chambers - PJRC		03:47.6	1000	1:53.8
4	1	Brandon Lin - MHS		03:47.7	1000	1:53.9
5	4	Ethan Minsky - MHS		03:54.5	1000	1:57.3
6	8	Chris Katsoulis - MHS		04:01.0	1000	2:00.5
7	7	Yuchen Du - PJRC		04:12.4	1000	2:06.2
8	5	Matthew Sun - MHS		04:38.7	1000	2:19.4

Event 7 - Womens HS Freshmen Results
Feb 03, 2024 10:29 AM

Place	Line	Row Name	Time Rowed	Meters Rowed	Avg. Pace
1	1	Izabella Watson - ONRA	07:49.6	2000	1:57.4
2	2	Alisha Kelly - ONRA	08:13.7	2000	2:03.4
3	3	Ainsley Duke - BSHS	08:22.1	2000	2:05.5
4	4	Elise Blascovich - MHS	08:29.1	2000	2:07.3
5	5	Kristen Nerko - SAHS	09:04.9	2000	2:16.2
5	5	Gabriella Cambareri - SAHS	09:05.6	2000	2:16.4
7	7	Maya Williams - SAHS	09:09.8	2000	2:17.4
8	10	Amelia Kopacz - SAHS	09:26.0	2000	2:21.5
9	8	Raffella Amato - SAHS	09:29.4	2000	2:22.4
10	8	Lauren Nerko - SAHS	09:41.3	2000	2:25.3

Event 8 - Mens HS Freshmen Results
Feb 03, 2024 10:50 AM

Rank	Heat	Rowers	Rowing Club	Time Rowed	Meters Rowed	Avg. Pace
1	1	Thomas Zambito Jr	- SJB	07:05.8	2000	1:46.4
2	2	Rizvan Kadirov	- ONRA	07:16.4	2000	1:49.1
3	4	Jason Marcus	- MHS	07:27.6	2000	1:51.9
4	5	Michael Liu	- MHS	07:32.4	2000	1:53.1
5	7	Antonio Gabriele	- SAHS	07:35.3	2000	1:53.8
6	9	Anthony Galvin	- MHS	07:46.7	2000	1:56.7
7	3	Jackson McClelland	- PJRC	07:54.1	2000	1:58.5
8	10	Noah Bendick	-SJB	08:21.4	2000	2:05.3
9	8	Pierce Keenan	- SAHS	08:45.7	2000	2:11.4
10	6	Connor Savage	- SAHS	09:29.9	2000	2:22.5

Event 9- Womens HS Lightweight

Place	Name	Time	Distance	Split
1	Kelly Clarke - ONRA	07:29.8	2000	1:52.4
2	Julie Chen - MHS	08:04.9	2000	2:01.2
3	Sophia Martinez - PJRC	08:06.2	2000	2:01.6
4	Skyler Duke - BSHS	08:08.4	2000	2:02.1
5	Elzbieta Kungys - ONRA	08:10.4	2000	2:02.6
5	Amanda Cayea - SAHS	08:10.4	2000	2:02.6
6	Jocelyn Liu - ONRA	08:19.5	2000	2:04.9
7	Natalie Ferrara - SAHS	08:23.8	2000	2:06.0
8	Sophia Malina - BSHS	08:24.8	2000	2:06.2
9	Georgiana Arciero - SAHS	08:40.4	2000	2:10.1
10	Sophia DeMartino - ONRA	08:48.2	2000	2:12.1
11	Talene Mastacciola - KMHS	08:49.6	2000	2:12.4
12	Casey Cleary- SAHS	09:05.9	2000	2:16.5
13	Ava Demeri - SAHS	09:07.8	2000	2:17.0
14	Anna Sadler - SAHS	09:42.8	2000	2:25.7
15	Abigail Regan - BSHS	10:27.2	2000	2:36.8

Event 10 - Mens HS Lightweight

Place	Name	Time	Distance	Split
1	William Gokey - ONRA	06:46.4	2000	1:41.6
2	Abraham Milgram - V-Sculls	07:02.7	2000	1:45.7
3	Christian Doblan - SJB	07:12.9	2000	1:48.2
4	Will McLean - MHS	07:13.6	2000	1:48.4
5	John Renz - KMHS	07:14.4	2000	1:48.6
6	Owen Lambert - MHS	07:16.3	2000	1:49.1
6	Sean Newman - SAHS	07:16.3	2000	1:49.1
7	Hugo Lerner - ONRA	07:17.7	2000	1:49.4
8	Ian Blaney - KMHS	07:17.8	2000	1:49.5
9	Julian Sethna - MHS	07:18.0	2000	1:49.5
10	Aleksander Chybowski - V-Sculls	07:24.0	2000	1:51.0
11	Alessandro Gervasi - KMHS	07:27.0	2000	1:51.8
12	Elliot Brockman - PJRC	07:27.2	2000	1:51.8
13	Dante Karaiskos - KMHS	07:27.9	2000	1:52.0
14	Riley Pieper - MHS	07:30.2	2000	1:52.6
15	Joseph Herrick - SJB	07:33.2	2000	1:53.3
16	Jack Moriarty - SAHS	07:33.9	2000	1:53.5
17	Aidan Zavack - SAHS	07:40.6	2000	1:55.2
18	Jack Cutrone - SAHS	07:41.1	2000	1:55.3
19	Kyle Ivey - KMHS	07:47.1	2000	1:56.8
20	Michael Lascarides - PJRC	07:53.8	2000	1:58.5
21	Sooyoung Nam - PJRC	07:55.2	2000	1:58.8
22	John McMurray - SJB	08:01.0	2000	2:00.2
23	Zachary Fava - SAHS	08:07.9	2000	2:02.0
24	Pierce O'Brien - SAHS	08:08.0	2000	2:02.0
25	Matthew Descovich - SAHS	08:11.3	2000	2:02.8
26	Marco Arena - KMHS	08:18.3	2000	2:04.6

Event 11 Womens HS Open U19

Place	Name	Time	Distance	Split
1	Gabrielle Postiglione - ONRA	07:39.2	2000	1:54.8
2	Gabriella Allen - BSHS	07:40.3	2000	1:55.1
3	Lauren Durkin - PJRC	07:54.0	2000	1:58.5
4	Gianna Mastrande - KMHS	07:55.4	2000	1:58.8
5	Katie Chambers - PJRC	08:00.3	2000	2:00.1
6	Sophia Salegna - SAHS	08:06.3	2000	2:01.6
7	Jacquelyn Bousquet-Smith - ONRA	08:09.1	2000	2:02.3
8	Giovanna Ponte - SJB	08:20.0	2000	2:05.0
9	Sienna Sforza - SJB	08:20.9	2000	2:05.2
10	Natalie Carpenter - BSHS	08:21.0	2000	2:05.2
11	Sophia Stallone - SAHS	08:29.1	2000	2:07.3
12	Sophia Fracapane - SAHS	08:34.4	2000	2:08.6
13	Emily Faccio - SAHS	08:38.9	2000	2:09.7
14	Gabriella Sampino - SAHS	08:45.3	2000	2:11.3
15	Kailey Marquecho - BSHS	08:47.6	2000	2:11.9
16	Ava Abrams - SAHS	08:48.2	2000	2:12.0
17	Megan Ghosio - SAHS	09:03.6	2000	2:15.9

Event 12 - Mens HS open U19

Place	Name	Time	Distance	Split
1	Andreas Simoni - PJRC	06:18.6	2000	1:34.7
2	Orlando Watson - ONRA	06:20.1	2000	1:35.0
3	Henry Davison - ONRA	06:24.7	2000	1:36.2
4	Donovan Moses - V-Sculls	06:35.6	2000	1:38.9
5	Patrick Liu - ONRA	06:36.3	2000	1:39.1
6	Harrison Hutzal -ONRA	06:41.3	2000	1:40.3
7	Tim Luo - PJRC	06:41.4	2000	1:40.4
8	Robert Dring - ONRA	06:43.5	2000	1:40.9
9	Hunter Wissmann - BSHS	06:44.1	2000	1:41.0
10	Francis Orofino - PJRC	06:44.2	2000	1:41.0
11	Tommy Holliday- SAHS	06:56.0	2000	1:44.0
11	Spencer Matijak -ONRA	06:56.0	2000	1:44.0
12	Brendan O'Connor - SAHS	06:57.9	2000	1:44.5
13	Lucas Niedzwiecki - BSHS	07:01.3	2000	1:45.3
14	Matteo Ferrante- BSHS	07:05.8	2000	1:46.4
15	Jeremy Theroux - SAHS	07:06.1	2000	1:46.5
16	Jason Lu- PJRC	07:08.3	2000	1:47.1
17	Kevin Hart - KMHS	07:17.6	2000	1:49.4
18	Massimo Sticklely-Nombrado	07:21.2	2000	1:50.3
19	Michael Shaye Ventura - SAH	07:25.9	2000	1:51.5
20	Kaleo DeFreitas - SAHS	07:31.6	2000	1:52.9
21	Bryan Galdamez - SJB	07:59.0	2000	1:59.8
22	Charles Cain - SAHS	08:04.5	2000	2:01.1
23	Michael Komahrens - SJB	08:18.7	2000	2:04.7