



1- Junior High School Men

place	NAME	School/Club	pace	TIME
1	Falvo, Adam	Notre Dame RC	01:44.5	06:58.3
2	Constas, Pavlos	London Western RC	01:44.6	06:58.7
3	Gong, Chen	Ridley College	01:45.1	07:00.5
4	Uttley, Leo	Sir Winston Churchill	01:46.3	07:05.3
5	Ciocca, Jack	St. Francis	01:46.4	07:05.8
6	Bourgeois, Julien	E.L. Crossley	01:48.1	07:12.4
7	Robinson, Russell	St. Francis	01:48.6	07:14.7
8	Selinger, Ethan	Sir Winston Churchill	01:48.7	07:15.1
9	Leal, Elliott	Ridley College	01:49.8	07:19.5
10	Malkani, Alexander	Argonaut RC	01:49.9	07:19.8
11	Vander Vaart, Joshua	Denis Morris	01:51.3	07:25.5
12	Chorosinski, Jonas	Sir Winston Churchill	01:51.5	07:26.1
13	Wen, Henry	Ridley College	01:52.0	07:28.3
14	Raman, Aditya	Argonaut RC	01:52.2	07:28.9
15	Lobo, Chris	E.L. Crossley	01:53.0	07:32.2
16	Sirett, Cole	Sir Winston Churchill	01:53.9	07:35.6
17	Oliver, Liam	E.L. Crossley	01:54.3	07:37.4
18	Finley, Liam	Sir Winston Churchill	01:55.6	07:42.6
19	Babineau, William	E.L. Crossley	01:56.4	07:45.6
20	Tubig, Wally	Denis Morris	02:04.3	08:17.4
21	Szaszi, Gavin	E.L. Crossley	02:09.6	08:38.4
22	Lindsay, Liam	Gov. Simcoe	02:11.7	08:47.0



2 - Junior High School Women

place	NAME	School/Club	pace	TIME
1	Swick Sydney	Ridley College	01:51.1	07:24.5
2	Dirks Rachel	Havergal Coll.	01:53.1	07:32.5
3	Postma Jade	Ridley Coll.	01:56.7	07:47.1
4	Taylor Jaime	Branksome Hall	01:56.9	07:47.8
5	Heyworth Paige	Argonaut RC	01:58.1	07:52.6
6	McPherson Maggie	Blessed Trinity	01:58.4	07:53.8
7	Bartel Kennedy	Eden HS	01:58.4	07:53.9
8	Irwin Katherine	E.L. Crossley	01:58.5	07:54.2
9	Mason Rachel	Ridley College	02:00.6	08:02.7
10	Harford Grace	London Western RC	02:00.7	08:02.9
11	Gates Virginia	Niagara Falls RC	02:01.0	08:04.0
12	Ostrowski Rosemary	Argonaut RC	02:02.2	08:09.1
13	Hoogendam Lily	Gov. Simcoe	02:02.7	08:11.0
14	Giesbrecht Kaylee	St. Francis	02:03.2	08:12.9
15	Biktimirova Karina	Sir Winston Churchill	02:03.8	08:15.2
16	Laliberte Lauren	Niagara Falls RC	02:04.2	08:16.9
17	Hetheron Caroline	Blessed Trinity	02:05.2	08:20.9
18	Dodgson Molly	West Niagara SS	02:06.2	08:25.1
19	Purvis Ella	Argonaut RC	02:07.5	08:30.0
20	Lapico Olivia	LaSalle RC	02:07.5	08:30.2
21	Wist Olivia	Blessed Trinity	02:08.4	08:33.9
22	Djerfi Kait	West Niagara SS	02:09.6	08:38.6
23	D'Angelo Olivia	Sir Winston Churchill	02:10.5	08:42.0
24	Bilodeau Gabrielle	St. Francis	02:11.8	08:47.4
25	Zavitz Alora	E.L. Crossley	02:12.8	08:51.3
26	Fraser, Chelsea	Sir Winston Churchill	02:12.8	08:51.5
27	Kim Jeongae	London Western RC	02:15.1	09:00.4
28	Parrent Gabrielle	Niagara Falls RC	02:15.1	09:00.7
29	Yu, Yaling	Ridley College	02:15.4	09:01.6
30	Cuthbert Claire	Denis Morris	02:15.6	09:02.6
31	Dodson Harmony	Gov. Simcoe	02:16.5	09:06.2
32	Higgs Madison	Niagara Falls RC	02:17.2	09:09.1
33	Bell Éowyn	E.L. Crossley	02:21.2	09:25.0
34	Pomeroy Sophia	Welland Cent.	02:29.1	09:56.4
35	Boyer Stella	Notre Dame RC	02:31.4	10:05.6



3 - Junior High School 150 Men

place	NAME	School/Club	pace	TIME
1	Patterson-Raby, Levi	Sir Winston Churchill	01:45.7	07:02.8
2	Quintyn, Myles	Niagara Falls RC	01:47.8	07:11.2
3	Paquin, Noah	E.L. Crossley	01:49.1	07:16.7
4	Kidd, Ashton	Ridley College	01:50.8	07:23.2
5	Rapone, Domenic	Denis Morris	01:50.8	07:23.3
6	Lancaster, Dane	E.L. Crossley	01:51.9	07:27.8
7	Looby, William	E.L. Crossley	01:53.7	07:35.0
8	Smith, Nathan	Notre Dame RC	01:54.4	07:37.8
9	Rogers, Quinn	West Niagara SS	01:54.6	07:38.6
10	Leford, Grant	E.L. Crossley	01:54.8	07:39.2
11	Winterbottom, Luke	Ridley College	01:54.9	07:39.8
12	He, Cola	Ridley College	01:55.4	07:41.6
13	Bindra, Neil	Gov. Simcoe	01:56.2	07:45.0
14	Gutierrez, Santiago	Denis Morris	01:56.2	07:45.1
15	Pennacchio, Angelo	Denis Morris	01:56.7	07:47.1
16	Turner, Hayden	Sir Winston Churchill	01:57.1	07:48.7
17	Veld, Hendrik	Ridley College	01:57.5	07:50.2
18	Warner, Trent	Eden HS	01:57.7	07:50.9
19	Pearson, Lincoln	Niagara Falls RC	01:57.8	07:51.3
20	Wright, John	Sir Winston Churchill	01:58.0	07:52.2
21	Osei-Kissi, Nathaniel	Denis Morris	01:58.2	07:52.9
22	Gao, Corey	Ridley College	01:58.9	07:55.7
23	Braley, Christopher	Denis Morris	01:59.8	07:59.4
24	Hardy, Max	Denis Morris	01:59.9	07:59.7
25	Osei-Kissi, Ari-el	Denis Morris	02:00.0	08:00.2
26	Taylor, Jordan	Sir Winston Churchill	02:00.4	08:01.6
27	Cozma, Joey	Sir Winston Churchill	02:01.1	08:04.4
28	Chan, Felix	Ridley College	02:01.2	08:04.9
29	Hill, Christopher	Sir Winston Churchill	02:01.7	08:06.8
30	Kie, Victor	Ridley College	02:02.0	08:08.2
31	Kung, Frederick	Sir Winston Churchill	02:02.6	08:10.7
32	Hunt, Daniel	Denis Morris	02:03.2	08:12.9
33	Soyda, Jack	E.L. Crossley	02:03.4	08:13.7
34	Shen, Austin	Ridley College	02:03.7	08:15.1
35	Villers, Carson	Sir Winston Churchill	02:04.1	08:16.5
36	Stevens, Clayton	E.L. Crossley	02:04.2	08:17.0
37	Lewis, Gavin	E.L. Crossley	02:06.2	08:24.8
38	Pietracupa, Dylan	E.L. Crossley	02:06.3	08:25.5
39	Casey, Kingston	Ridley College	02:06.5	08:26.2
40	Kennedy, Bowden	E.L. Crossley	02:06.6	08:26.7
41	Yue, Charlie	Ridley College	02:07.1	08:28.5
42	Klassen, Bryn	Eden HS	02:07.3	08:29.5
43	Murphy, Aiden	Denis Morris	02:07.7	08:31.0
44	Bieri, Alec	E.L. Crossley	02:07.8	08:31.3
45	Man, Darren	Ridley College	02:07.9	08:31.9
46	Renwick, Liam	E.L. Crossley	02:08.1	08:32.4
47	Stout, Caleb	Blessed Trinity	02:10.1	08:40.6
48	Renda, Marcus	Denis Morris	02:14.5	08:58.3
49	Liu, Mark	Ridley College	02:17.6	09:10.6
50	Dixon, Alexander	Sir Winston Churchill	02:27.9	09:51.7





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4 - Junior High School 165 Men

place	NAME	School/Club	pace	TIME
1	Moyer, Jack	Eden HS	01:44.1	06:56.6
2	Riddle, Lucas	E.L. Crossley	01:44.8	06:59.5
3	Mason, Lucas	St. Francis	01:46.2	07:04.9
4	Postma, Ethan	Ridley College	01:46.6	07:06.5
5	MacPhail, Aiden	Ridley College	01:47.8	07:11.3
6	Santoro, Marcus	Welland Cent.	01:48.2	07:12.9
7	Lobo, Christian	Blessed Trinity	01:48.7	07:15.0
8	Ralph, Jonas	Sir Winston Churchill	01:49.6	07:18.7
9	Guillemette, Hunter	E.L. Crossley	01:52.2	07:28.8
10	Scaglione, Lucas	Sir Winston Churchill	01:52.4	07:29.6
11	Klich, Dominic	Blessed Trinity	01:54.3	07:37.2
12	Barton, Elliott	E.L. Crossley	01:56.3	07:45.5
13	Cote, Jackson	Denis Morris	01:56.8	07:47.5
14	Winslade, Mac	West Niagara SS	01:57.5	07:50.0
15	Thifault, Ethan	Eden HS	02:04.4	08:17.9

5 - Junior High School 135 Women

place	NAME	School/Club	pace	TIME
1	Hamm, Rheagan	Denis Morris	01:58.4	07:53.6
2	Soyka Rozendaal, Pippa	Sir Winston Churchill	01:58.6	07:54.6
3	Graham, Sarah	E.L. Crossley	01:59.9	07:59.6
4	Burcher, Shanelle	Dennis Morris	02:05.4	08:21.6
5	Durliat, Abbygayle	Gov. Simcoe	02:05.5	08:22.0
6	Heaslip, Natalie	E.L. Crossley	02:06.3	08:25.5
7	Smith, Danielle	Holy Cross SS	02:06.6	08:26.7
8	Newton, Audrey	St. Francis	02:06.8	08:27.2
9	Campbell, Victoria	Branksome Hall	02:08.7	08:35.0
10	Nagy, Hailey	Denis Morris	02:10.4	08:41.8
11	Jones, Jael	Denis Morris	02:11.2	08:45.0
12	Ripmeester, Mollie	Sir Winston Churchill	02:11.3	08:45.5
13	DiFlavio, Maria	Blessed Trinity	02:11.7	08:47.1
14	Rapone, Marisa	Denis Morris	02:12.3	08:49.5
15	Durack, Corrine	London Western RC	02:12.9	08:51.7
16	Minovski, Isabella	Eden HS	02:13.1	08:52.5
17	Alexander, Olivia	Ridley College	02:14.7	08:58.9
18	Li, Jiaya (Jade)	Ridley College	02:15.1	09:00.4
19	Stacey, Evie	E.L. Crossley	02:15.4	09:01.8
20	Egorova, Ekaterina	Ridley College	02:16.1	09:04.6
21	Smith, Keira	E.L. Crossley	02:16.2	09:04.9
22	Frydryk, Samantha	Holy Cross SS	02:17.6	09:10.6
23	Van Geel, Anna	West Niagara SS	02:18.5	09:14.0
24	Tsuji, Hope	Ridley College	02:18.5	09:14.2
25	Weightman, Rylee	Gov. Simcoe	02:18.7	09:15.1
26	Vardy, Ruby	Sir Winston Churchill	02:18.8	09:15.2
27	Pingue, Isabel	Denis Morris	02:19.2	09:16.8
28	Mayberry, Elizabeth	London Western RC	02:19.9	09:19.6
29	Liu, Ashley	Eden HS	02:20.0	09:20.3
30	Magnotta, Ava	Sir Winston Churchill	02:20.6	09:22.6
31	Kong, Amelia	Eden HS	02:21.3	09:25.3
32	Anzik, Gwen	Eden HS	02:22.2	09:28.8
33	Thai, Calla	Ridley College	02:22.5	09:30.0
34	Wilson, Olivia	Unaffiliated	02:22.6	09:30.7
35	Jonah, Ashley	Eden HS	02:23.2	09:32.9
36	Goulet, Kalina	Eden HS	02:23.4	09:33.8
37	Barriage, Peyton	Denis Morris	02:23.5	09:34.1
38	Mancini, Mia	Holy Cross SS	02:24.0	09:36.3
39	Fleming, Sarah	Denis Morris	02:24.7	09:39.1
40	Verhoef, Claire	Eden HS	02:27.1	09:48.6
41	Metler, Gracie	St. Francis	02:27.3	09:49.3
42	Jessome, Delia	Holy Cross SS	02:27.7	09:51.1
43	Dueck, Aliyah	Eden HS	02:29.0	09:56.1
44	Nagel, Aidyn	St. Francis	02:29.6	09:58.7
45	Worrall, Maya	Welland Cent.	02:29.7	09:59.0
46	Horton, Avah	Sir Winston Churchill	02:30.7	10:02.9
47	Dandamudi, Anika	Ridley College	02:32.2	10:09.1
48	Mino, Emily	St. Francis	02:33.2	10:13.1
49	Gottlieb, Arya	E.L. Crossley	02:35.4	10:21.9
50	Kingston, Jayden	Holy Cross SS	02:37.1	10:28.6



6 - Junior High School 145 Women

place	NAME	School/Club	pace	TIME
1	McKimm, Kailey	Denis Morris	01:58.8	07:55.3
2	Scott, Ava	Branksome Hall	01:59.8	07:59.3
3	Hazel, Molly	Orillia RC	02:00.8	08:03.2
4	Furtney, Kaitlyn	E.L. Crossley	02:01.1	08:04.5
5	Goedhart, Fleur	E.L. Crossley	02:08.7	08:35.1
6	Borden Serena	Guelph RC	02:08.8	08:35.3
7	Pingue, Tessa	Denis Morris	02:13.2	08:52.8
8	Maksym, Simone	Simcoe Guelph RC	02:13.4	08:53.6
9	Dim, Julia	Denis Morris	02:14.8	08:59.3
10	Conrad, Rowen	Guelph RC	02:15.2	09:01.1
11	Bigger, Chloe	Eden HS	02:17.7	09:11.1
12	Rothwell, Larissa	Eden HS	02:18.1	09:12.4
13	Priestly, Amelia	E.L. Crossley	02:21.8	09:27.3
14	Hauber, Naomi	Welland Cent.	02:27.0	09:48.2
15	Yungblut, Willa	Denis Morris	16:16.1	14:17.1

7- Masters Women

place	NAME	School/Club	pace	TIME	adj	adj T
1	Ceccato, Rae	St. Catharines RC	01:55.5	07:42.0	00:01.0	07:41.0
2	Rodger, Tanya	South Niagara RC	01:57.0	07:48.1	00:05.0	07:43.1
3	Chouinard, Ashley	LaSalle RC	02:04.1	08:16.6	00:00.0	08:16.6
4	Chopin, Rhonda	South Niagara RC	02:10.0	08:40.1	00:20.0	08:20.1
5	Bussieres, Nicole	LaSalle RC	02:07.1	08:28.7	00:00.0	08:28.7
6	Clews, Theresa	LaSalle RC	02:17.7	09:10.8	00:26.0	08:44.8
7	Sekela, Breanna	LaSalle RC	02:16.8	09:07.4	00:00.0	09:07.4
8	Greenham, Melissa	LaSalle RC	02:19.4	09:17.6	00:06.0	09:11.6

8 - Masters Men

place	NAME	School/Club	pace	TIME	adj	adj T
1	Borden, Andrew	Guelph RC	01:44.4	06:57.8	00:06.0	06:51.8
2	Purvis, Sean	Argonaut RC	01:48.8	07:15.4	00:22.0	06:53.4
3	Lorenz, Matthias	Argonaut RC	01:45.7	07:03.0	00:04.0	06:59.0
4	Ferdowski, Poorya	Argonaut RC	01:46.4	07:05.8	00:03.0	07:02.8
5	Mohammed, N.	Ridley Grad. BC	01:57.3	07:49.3	00:45.0	07:04.3
6	Crockatt, C.	Argonaut RC	01:46.7	07:07.0	00:00.0	07:07.0
7	Ingraham, Devaan	Inlet RC	01:47.9	07:11.9	00:00.0	07:11.9
8	Smith, James Kirby	Ridley Grad. BC	02:03.8	08:15.2	01:00.0	07:15.2
9	Diet, Douglas	LaSalle RC	02:02.2	08:09.1	00:22.0	07:47.1
10	Roy, Mathew	LaSalle RC	02:02.1	08:08.4	00:00.0	08:08.4



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9 - U13 Men - 500m

place	NAME	School/Club	pace	TIME
1	St. Amand, Clark	Ridley College	01:52.7	01:52.7
2	Easton, Maxim	Ridley College	01:52.8	01:52.8
3	Pecorella, Matthew	Orillia RC	01:56.6	01:56.6
4	Maroney, Ethan	South Niagara RC	02:01.6	02:01.6
5	Flus, Carrington	Ridley College	02:04.6	02:04.6
6	Karelse, Matthijs	Ridley College	02:09.5	02:09.5
7	Weng, Matthew	Ridley College	02:14.0	02:14.0
8	Wang, Daniel	Ridley College	02:22.0	02:22.0
9	Peever, Liam	Ridley College	02:23.4	02:23.4
10	Flus, Anderson	Ridley College	02:28.2	02:28.2
11	Essig, Alexander	Ridley Grad. BC	02:31.2	02:31.2
12	Lloyd, Jackson	Ridley College	02:36.1	02:36.1
13	Lin, Lucas	Ridley College	02:42.5	02:42.5
14	Amyote, James	Ridley College	03:08.5	03:08.5

10 - U15 Men - 500m

place	NAME	School/Club	pace	TIME
1	Lu, Zican (Frank)	Ridley College	01:44.9	01:44.9
2	Yao, Tiger	Orillia RC	01:51.2	01:51.2
3	Xin, Jerry	Ridley College	01:51.9	01:51.9
4	Pecorella, Sam	Orillia RC	01:53.8	01:53.8
5	Hauber, Jeremy	South Niagara RC	01:54.3	01:54.3
6	Soyka Rozendaal, Finn	Unaffiliated	01:54.9	01:54.9
7	Kim, Taeyoon (T.Y.)	Ridley College	01:59.9	01:59.9
8	Mao, Tony	Ridley College	02:02.4	02:02.4
9	Gentes, Jack	Ridley College	02:03.6	02:03.6
10	Burazin, Andrew	Orillia RC	02:06.9	02:06.9
11	Behiya, Jafer (JJ)	Ridley College	02:08.5	02:08.5
12	Turker, Selim	Ridley College	02:10.6	02:10.6
13	Smith, Tristan	Ridley College	02:14.2	02:14.2

11/12 - U13/15 Women - 500m

place	NAME	School/Club	pace	TIME
1	Johnston, Braelyn	Notre Dame RC	01:47.2	01:47.2
2	Yu, Gina	Ridley College	01:54.0	01:54.0
3	Greenham, Lisa	LaSalle RC	01:56.7	01:56.7
4	Cousins, Naomi	Ridley College	01:57.0	01:57.0
5	Ye, Stacy	Ridley College	01:59.9	01:59.9
6	Chandran, Elina	Ridley College	02:01.9	02:01.9
7	Bouchard, Maelle	Orillia RC	02:02.3	02:02.3
8	Deprez, Lauren	Niagara Falls RC	02:02.9	02:02.9
9	Gao, Yuxuan	Ridley College	02:03.1	02:03.1
	Scobie, Gwen*	Ridley Grad Boat Club		
10/U13			02:04.3	02:04.3
11/U13	Szewczyk, Sienna*	Ridley College	02:09.9	02:09.9
12/U13	Osbourne, Alayah*	Ridley College	02:10.0	02:10.0
13	Wilson, Olivia	Unaffiliated	02:10.0	02:10.0
14	Weng, Missa	Ridley College	02:12.3	02:12.3
15	Belleflour-Ralph, Jovienne*	Ridley College	02:14.9	02:14.9
16	Hayer, Manat	Ridley College	02:20.4	02:20.4
17	Petroff, Ivana*	Ridley College	02:20.5	02:20.5
18	O'Neill, Iris	Ridley College	02:22.8	02:22.8
19	Borden, Ellie*	Guelph RC	02:30.7	02:30.7
20	Peever, Kate*	Ridley College	02:31.2	02:31.2
21	Dong, Nicole	Ridley College	02:32.7	02:32.7
22	Flannery, Sharkey*	Ridley College	02:37.0	02:37.0
23	Yu, Reann	Ridley College	02:38.0	02:38.0



13 - Senior High School 150 Men

place	NAME	School/Club	pace	TIME
1	Shapland, Liam	E.L. Crossley	01:43.6	06:54.7
2	Stortz, Hudson	E.L. Crossley	01:45.4	07:01.7
3	Parlatore, Sam	Denis Morris	01:46.3	07:05.4
4	White, Arden	Sir Winston Churchill	01:46.5	07:06.2
5	Cuff, James	E.L. Crossley	01:46.6	07:06.4
6	Irvine, Chris	E.L. Crossley	01:47.4	07:09.9
7	Nawrocki, Andy	E.L. Crossley	01:47.5	07:10.3
8	Kirton, Mason	E.L. Crossley	01:48.0	07:12.2
9	Schwandt, Jackson.	St. Francis	01:50.3	07:21.4
10	Mayes, Dylan	E.L. Crossley	01:51.3	07:25.3
11	Ingram, Owen	London Western	01:51.3	07:25.5
12	De Clercq, Julian	St. Francis	01:51.4	07:25.7
13	Hooper, Jackson	Sir Winston Churchill	01:51.5	07:26.1
14	Bradford-Andrew, Ben.	Ridley College	01:51.8	07:27.2
15	Ritchie, Wyatt	Holy Cross SS	01:52.0	07:28.1
16	Hebert, Benjamin	Denis Morris	01:54.1	07:36.7
17	Hardy, Luca	Denis Morris	01:54.5	07:38.2
18	Fiddick, Elias	Orillia RC	01:54.8	07:39.3
19	Freeman, Julian	Sir Winston Churchill	01:58.1	07:52.5
20	Lippert Federico	Ridley College	01:58.3	07:53.5
21	Sze, Hubert	Sir Winston Churchill	01:58.8	07:55.3
22	Galbraith, Mario	Holy Cross SS	02:00.6	08:02.5

14 - Senior High School 165 Men

place	NAME	School/Club	pace	TIME
1	Darling, Preston	E.L. Crossley	01:36.7	06:26.8
2	Biancanello, Leo	St. Francis	01:41.1	06:44.5
3	Scott, Caleb	London Western	01:42.5	06:50.0
4	DiLorenzo, Bassil	E.L. Crossley	01:43.6	06:54.7
5	Fernick, Carson	Blessed Trinity	01:44.0	06:56.2
6	Hudson, Val	West Niagara	01:44.4	06:57.8
7	Schrompf, Andrew	Ridley College	01:45.2	07:01.0
8	Oabel, Benjamin	Ridley College	01:45.8	07:03.2
wt	Wilson, Callum	Gov. Simcoe	01:45.9	07:03.6
9	Dalton, Sawyer	Unaffiliated	01:45.9	07:03.7
10	Marion, Tristan	Sir Winston Churchill	01:46.4	07:05.9
11	Krawchuck, Dallis	Notre Dame RC	01:47.2	07:08.8
12	Curtis-Young, Elliott	Argonaut RC	01:47.4	07:09.8
13	Liu, John	Hanlan BC	01:47.5	07:10.3
14	Lippold, Sebastian	Argonaut RC	01:47.7	07:11.0
15	Scott, Cameron	Niagara Falls RC	01:48.1	07:12.4
16	McMurtry, Cole	West Niagara	01:48.2	07:13.0
17	Postma, Brandon	St. Mary's	01:49.9	07:19.8
18	Van Niekerk, Ethan.	E.L. Crossley	01:50.5	07:22.2
19	Haramina, Nicholas	Holy Cross SS	01:51.2	07:25.1
20	Bradford-Andrew, James	Holy Cross SS	01:51.7	07:27.0
21	Giguere, Mike	E.L. Crossley	01:53.3	07:33.2
22	Wayland, Carter	Sir Winston Churchill	01:54.2	07:36.9
23	Sheldon, Christopher	Eden HS	01:54.9	07:39.7
24	Ewert, Josh	West Niagara	01:56.8	07:47.4
25	Rorison, Cooper	Eden HS	01:59.7	07:59.1
26	Maguire, Brayden	Gov. Simcoe	02:10.4	08:41.7





15 - Senior High School 135 Women

place	NAME	School/Club	pace	TIME
1	Frick, Kairsen	Sir Winston Churchill	01:55.3	07:41.5
2	Darling, Emerson	E.L. Crossley	02:00.2	08:01.1
3	Freure, Juliette	E.L. Crossley	02:00.8	08:03.3
4	Allington, Ciara	St. Francis	02:02.6	08:10.6
5	Yuan, Janice	Branksome	02:03.3	08:13.4
6	Ondracka, Leah	LaSalle RC	02:05.4	08:21.8
7	Boyd, Katie	London Western RC	02:05.6	08:22.6
8	Wimbush, Samantha	E.L. Crossley	02:07.2	08:29.1
9	Gao, Crystal	Ridley College	02:07.6	08:30.4
10	Langlois, Charlotte	Ridley College	02:07.7	08:30.9
11	Weeks, Cassandra	Notre Dame RC	02:07.8	08:31.3
12	Worster, Abigail	Blessed Trinity	02:09.8	08:39.5
13	Carrique, Ella	Havergal Coll.	02:09.9	08:39.7
14	Ni, Ariana	Branksome	02:10.7	08:43.0
15	Gismondi, Paige	Notre Dame	02:10.8	08:43.5
16	Spilotro, Elizabeth	Notre Dame RC	02:11.2	08:45.1
17	Suk, Ella	Sir Winston Churchill	02:11.3	08:45.3
18	Dunn, Naomi	Ridley College	02:11.6	08:46.6
19	Norris, Hazel	Holy Cross SS	02:13.0	08:52.0
20	Chorley, Ava	Blessed Trinity	02:13.0	08:52.3
21	Hutt, Mackenzie	Holy Cross SS	02:13.1	08:52.4
22	Nagy, Lauren	Eden HS	02:13.2	08:52.8
23	Downes, Rachel	West Niagara	02:14.2	08:57.1
24	Ungemach, Eve	Havergal College	02:15.1	09:00.7
25	Odegaard, Sophia	London Western	02:18.5	09:14.3
26	Hanna Tepes, Josec	West Niagara	02:18.6	09:14.5
27	Brander, Samantha	Holy Cross SS	02:18.6	09:14.7
28	Odegaard, Isabella	London Western	02:19.6	09:18.5
29	Ahern, Adriana	St. Francis	02:20.2	09:21.0
30	Stangroom, Janiece	Holy Cross SS	02:20.3	09:21.5
31	Xu, Christina	Havergal College	02:20.4	09:21.8
32	Gray, Alyssa	Blessed Trinity	02:20.6	09:22.6
33	Healy, Grace	Holy Cross SS	02:22.9	09:31.9
34	Di Nicolantonio, Olivia	St. Mary's	02:24.4	09:37.6
35	Pather, Thea	St. Mary's	02:26.0	09:44.1
36	Settimi, Isabella	St. Mary's	02:27.3	09:49.4
37	Pepin, Hailey	Welland Cent.	02:31.4	10:05.6



16 - Senior High School 145 Women

place	NAME	School/Club	pace	TIME
1	Stacey, Sarah	E.L. Crossley	01:52.2	07:29.0
2	Fehr, Ashlyn	Niagara Falls RC	01:55.7	07:43.0
3	Jennings, Gabrielle	Elmwood School	01:55.8	07:43.4
4	Givertz-Steel, Ellie	Branksome Hall	01:56.5	07:46.1
5	Hannam, Jessica	Branksome Hall	01:56.7	07:47.1
6	Cottringer, Sabrina	Niagara Falls RC	01:57.7	07:50.8
7	Stiff, Isla	Branksome Hall	02:00.3	08:01.5
8	Sacuta, Zoe	Notre Dame RC	02:01.9	08:07.9
9	Kong, Dayun	Eden HS	02:04.8	08:19.5
10	Jilesen Hancock, Lily	Havergal Coll.	02:09.8	08:39.2
11	Sembay, Hailey	St. Mary's	02:10.0	08:40.1
12	Billes, Ashley	Ridley College	02:11.4	08:45.6
13	DiProffio, Sophie	Gov. Simcoe	02:11.6	08:46.5
14	Weninger, Katie	Blessed Trinity	02:11.6	08:46.6
15	Boehmisch, Paula	Havergal Coll.	02:11.6	08:46.7
16	De Luca, Eva	Holy Cross SS	02:13.1	08:52.5
17	Chan, Natalya	St. Mary's	02:17.5	09:10.0
18	Palmer, Margaret	Ridley College	02:18.1	09:12.6
19	Bertram, Naomi-Lee	Eden HS	02:43.3	10:53.5

17 - Senior High School Women

place	NAME	School/Club	pace	TIME
1	Jones, Malarie	E.L. Crossley	01:44.7	06:59.1
2	Goedhart, Emma	E.L. Crossley	01:47.5	07:10.3
3	Eshuis, Ingrid	Eden HS	01:49.5	07:18.3
4	Murray, Mackenzie	Niagara Falls RC	01:53.4	07:33.7
5	Lapham, Elizabeth	Branksome Hall	01:54.6	07:38.6
6	Leavens, Claire	E.L. Crossley	01:55.2	07:40.8
7	Woodcock, Ella	Notre Dame RC	01:55.4	07:41.8
8	Aitkens, Julia	Havergal Coll.	01:55.6	07:42.7
9	Rud, Victoria	Denis Morris	01:56.0	07:44.1
10	Rogers, Danika	Blessed Trinity	01:56.0	07:44.3
11	Botari, Emma	Orillia RC	01:56.1	07:44.5
12	Junyik, Nadia	Argonaut RC	01:57.0	07:48.1
13	Franke, Kendra	Eden HS	01:58.1	07:52.4
14	Babulic, Jenna	Guelph RC	01:58.8	07:55.3
15	Cruickshank, Jacqueline	Argonaut RC	01:59.4	07:57.9
16	Schaefer, Sarah	Notre Dame RC	02:00.6	08:02.6
17	Pingue, Gabriela	Denis Morris	02:01.1	08:04.6
18	Bray, Kaylea	E.L. Crossley	02:01.2	08:04.8
19	Collins, Nazira	Argonaut RC	02:02.9	08:11.8
20	Law-Gallagher, Nuan	Argonaut RC	02:03.5	08:14.0
21	Sienna, Elizabeth	St. Mary's	02:03.7	08:14.8
22	Thomson, Anya	Argonaut RC	02:04.3	08:17.2
23	Johnston, Jorja	Blessed Trinity	02:04.4	08:17.9
24	Zambrano-Lopez, Valeria	London Western RC	02:04.6	08:18.5
25	Bonehill, Madison	Blessed Trinity	02:05.1	08:20.4
26	Wigg, Robin	Argonaut RC	02:05.1	08:20.4
27	Fraser, Christina	Sir Winston Churchill	02:05.5	08:22.1
28	Dvorski, Annika	Argonaut RC	02:05.8	08:23.2
29	Simmons, Maia	Havergal College	02:07.1	08:28.5
30	Pickering, Monique	London Western RC	02:07.9	08:31.7
31	Lester, Nicole	St. Mary's	02:08.7	08:35.0
32	Gemin, Ella	St. Mary's	02:09.0	08:36.1
33	McCabe, Natalie	London Western RC	02:09.2	08:37.1
34	Townend, Kara	Havergal College	02:09.3	08:37.4
35	Miller, Avery	West Niagara	02:09.7	08:39.1
36	Voth, Riley	Gov. Simcoe	02:13.0	08:52.0
37	Oresta, Rosalia	St. Francis	02:14.2	08:57.0
38	Wilson, Danika	Gov. Simcoe	02:14.2	08:57.0
39	Versteeg, Bella	West Niagara SS	02:21.4	09:25.7



18 - Senior High School Men

place	NAME	School/Club	pace	TIME
1	Pieckenhagen, Caillen	Ridley College	01:36.1	06:24.6
2	Perco, Alessio	E.L. Crossley	01:37.5	06:30.1
3	Whittaker, Simon	Argonaut	01:38.3	06:33.5
4	Essig, Matti	Eden HS	01:39.5	06:38.2
5	Smouter, Aidan	E.L. Crossley	01:39.8	06:39.2
6	Samson, Charlie	Argonaut RC	01:40.0	06:40.3
7	Nesbitt, Shawn	Ridley College	01:40.6	06:42.6
8	Kraus, Quinn	Ridley College	01:41.1	06:44.8
9	Winslade, Matt	West Niagara	01:42.1	06:48.7
10	Kostyniuk, Ty	Sir Winston Churchill	01:42.5	06:50.0
11	Cooley, Anton	Notre Dame RC	01:43.3	06:53.3
12	Chang, Jacob	Argonaut RC	01:43.4	06:53.6
13	Bradford-Andrew, Owen	Holy Cross SS	01:43.6	06:54.4
14	Gordienko, Andrew	Argonaut RC	01:44.6	06:58.7
15	Kirwin, Flynn	St. Francis	01:44.8	06:59.3
16	Holmes, Joshua	Argonaut RC	01:45.5	07:02.2
17	Sudac, Julian	Blessed Trinity	01:46.5	07:06.0
18	Radwan, Mahmoud	Ridley College	01:46.9	07:07.8
19	Djerfi, Aiden	West Niagara	01:47.4	07:09.7
20	Bolton, Seth	Argonaut RC	01:48.2	07:13.0
21	Ferguson, Colin	London Western	01:48.7	07:15.1
22	Kitchen, Brennan	Gov. Simcoe	01:48.8	07:15.2
23	VanderZalm, Seth	Holy Cross SS	01:49.4	07:17.7
24	Pasquale, Max	Sir Winston Churchill	01:50.3	07:21.3
25	Moise, Christian	Gov. Simcoe	01:52.9	07:31.8
26	Ferreira, Cristiano	St. Francis	01:53.4	07:33.7
27	Wong, Ian	Argonaut	01:54.0	07:36.2
28	Campbell, Keith	Blessed Trinity	01:54.4	07:37.8
29	Garcia, Daniel	Holy Cross SS	01:55.5	07:42.2
30	Kortekaas, Ben	Gov. Simcoe	01:56.0	07:44.1
31	Idugboe, Iyio	Ridley College	01:56.4	07:45.6
32	Saranchuck, Daniel	unaffiliated	01:56.4	07:45.7
33	Hahn, Isaac	Eden HS	02:00.3	08:01.3
34	Anzovino, Aidan	Eden HS	02:00.7	08:02.9



20 / 21 - LTWT / Open Women

place	NAME	School/Club	pace	TIME
LTWT				
1	Hilderley, Sarah*	Uni. of Waterloo	02:26.1	09:44.4
OPEN				
1	Kozak, Natasha	Uni. of Waterloo	01:52.6	07:30.5
2	Bannerman, Emma	Argonaut RC	01:57.2	07:49.0
3	Chang, Victoria	Uni. of Waterloo	01:59.4	07:57.7
4	Fong, Jackie	LaSalle RC	02:00.0	08:00.1
5	Treadwell, Piper	Argonaut RC	02:03.5	08:14.0
6	Castell, Chloe	Uni. of Waterloo	02:04.4	08:17.6
7	Freidrich Yap, Jasmin	Uni. of Waterloo	02:05.2	08:21.0
8	Melli, Natasha	Uni. of Waterloo	02:07.2	08:28.9
9	Stephenson, Emma	Uni. of Waterloo	02:08.4	08:33.7
10	Cowie, Marshall	Uni. of Waterloo	02:09.3	08:37.3
11	Voth, Sarah	Uni. of Waterloo	02:09.4	08:37.7
12	Weiland, Emily	Uni. of Waterloo	02:11.8	08:47.3
13	Johnson, Kayla	Uni. of Waterloo	02:16.6	09:06.6

19 / 22 - LTWT/ Open Men

place	NAME	School/Club	pace	TIME
LTWT				
1	Gulsaran, Ahmet*	Uni. of Waterloo	01:45.5	07:02.3
2	Hallman, Jacob*	Uni. of Waterloo	01:50.0	07:20.2
3	Wiebe, Benjamin*	Uni. of Waterloo	01:51.9	07:27.7
4	Duko, Anatoliy*	Uni. of Waterloo	01:52.1	07:28.7
5	Hemani, Muhammad*	Uni. of Waterloo	01:53.7	07:35.1
6	Cheng, Nathan*	Uni. of Waterloo	01:54.9	07:39.6
7	Tang, Tobin*	Uni. of Waterloo	01:58.1	07:52.7
OPEN				
1	Austin, Lucas	Ridley Grad. BC	01:41.1	06:44.7
2	Mcgregor, Benn	Uni. of Waterloo	01:43.0	06:52.0
3	Domagalski, Leon	Uni. of Waterloo	01:43.4	06:53.7
4	Steele, Ethan	Guelph RC	01:43.6	06:54.7
5	deGooyer, Jack	Uni. of Waterloo	01:44.5	06:58.0
6	Laporte, Alex	Uni. of Waterloo	01:46.2	07:05.0
7	Finn, Sterling	Uni. of Waterloo	01:46.7	07:07.1
8	Cormier, Harrison	Uni. of Waterloo	01:48.9	07:15.6
9	Hedrich, Graham	Uni. of Waterloo	01:50.2	07:21.1
10	Paquin, Nicholas	Uni. of Waterloo	01:50.6	07:22.4
11	Domm, Michael	Uni. of Waterloo	01:51.7	07:27.1